

December Fitness Special



**Our Gift
to You**



Workout in December for **FREE** when you purchase a 4 month membership (Jan – Apr) \$120.00 – 4 month **Individual** membership \$100.00 – 4 month **Senior** (age 60 & up), **Corporate Rate, Tremont Firefighters/EMT/Police, Military** membership
***** Offer valid until December 31, 2017**
You may add additional family member(s) from your household for just \$5.00 each per month- \$20.00 for 4 months
(Does not apply to student membership or Tremont Business Rate)

As always, Student Membership is just \$10.00 for one month

Your membership includes:

Use of cardiovascular equipment which includes treadmills, Jacob's Ladder, rowing machine, endless rope, elliptical, xRide by Octane Fitness, and stationary bikes along with use of the strength training equipment, free weights and machines

Group fitness classes are **FREE** for members– we offer Power Flex, Yoga, Spin and Tabata - **Drop in rate for all of our group fitness classes is just \$5.00 or purchase a 10 punch pass for \$40.00.**

Please check out our website for class date & time

Locker room, shower, and towel service

Convenient access to the fitness center from 4 am to 11 pm for active members with a prox card

