



June 2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 TABATA 5:15 pm TAEKWONDO & HAPKIDO 6:30 pm	2	3 SPIN 8:30 am
4	5 POWERFLEX 5:30 pm	6 YOGA 8:15 am TAEKWONDO & HAPKIDO 6:30 pm	7 SPIN 5:30 pm	8 TABATA 5:15 pm TAEKWONDO & HAPKIDO 6:30 pm	9	10
11	12 POWERFLEX 5:30 pm	13 TABATA 5:15 pm TAEKWONDO & HAPKIDO 6:30 pm	14 SPIN 5:30 pm	15 TABATA 5:15 pm TAEKWONDO & HAPKIDO 6:30 pm	16	17 SPIN 8:30 am
18	19 POWERFLEX 5:30 pm	20 YOGA 8:15 am TABATA 5:15 pm TAEKWONDO & HAPKIDO 6:30 pm	21 SPIN 5:30 pm	22 TABATA 5:15 pm TAEKWONDO & HAPKIDO 6:30 pm	23	24
25	26 POWERFLEX 5:30 pm	27 TABATA 5:15 pm TAEKWONDO & HAPKIDO 6:30 pm	28 SPIN 5:30 pm	29 TABATA 5:15 pm TAEKWONDO & HAPKIDO 6:30 pm	30	

