



The **ultimate** goal isn't to *look* fit. It's to **BE** fit.
Make **your** health a
priority. (Here's your sign!)

October Fitness Specials

****Offer valid until October 31st, 2017****

\$10.00 – 1 month STUDENT membership

\$55.00 – 2 month INDIVIDUAL
membership

\$45.00 – 2 month SENIOR (age 60 & up),
CORPORATE RATE, TREMONT FIREFIGHTERS/EMT/POLICE,
MILITARY membership

*You may add additional family member(s) from your household for just \$5.00 each per month
(does not apply to student membership)*

Your membership includes:

Use of cardiovascular equipment which includes treadmills, Jacob's Ladder, rowing machine, endless rope, elliptical, xRide by Octane Fitness, and stationary bikes along with use of the strength training equipment, free weights and machines

Group fitness classes are **FREE** with your membership
PowerFlex, Spin, Tabata, TaeKwonDo & HapKiDO, Yoga
Please check out our website for class date & time

Locker room, shower, and towel service available



Convenient access to the fitness center from 4 am to 11 pm for members with a prox card and an active membership



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