



# Fall Fitness Specials

Fall into fitness with special savings ...  
Check out these great specials we have to offer!!!

*\*\*\*Offer valid until September 30<sup>th</sup>, 2017\*\*\**

**\$10.00** – 1 month STUDENT membership

**\$100.00** – 4 month INDIVIDUAL membership

**\$80.00** – 4 month SENIOR (age 60 & up), CORPORATE RATE,  
TREMONT FIREFIGHTERS/EMT/POLICE, MILITARY membership

*You may add additional family member(s) from your household for just \$5.00 each per month  
(does not apply to student membership)  
(offer expires on 9-30-17)*

## Your membership includes:

Use of cardiovascular equipment which includes treadmills, Jacob's Ladder, rowing machine, endless rope, elliptical, xRide by Octane Fitness, and stationary bikes along with use of the strength training equipment, free weights and machines

Group fitness classes are **FREE** with your membership PowerFlex, Spin, Tabata, TaeKwonDo & HapKiDO, Yoga  
*Please check out our website for class date & time*



Locker room, shower, and towel service available

Convenient access to the fitness center from 4 am to 11 pm for members with a prox card and an active membership

Your workout goes a lot quicker when you have someone to workout with. Members with an active membership - for the month of **September only** - bring a guest for **FREE**.

*Guest must sign a waiver at each visit.*

