

Tremont Couch to 5K

Are you ready to CHALLENGE yourself?

Sign up for this 9 week membership so you are ready to run in the **Tremont Turkey Festival 5k** on **June 9th, 2018 at 7:30 am.**

Training program for the Tremont Couch to 5K is posted on the bulletin board at the fitness center.

(Please note: you will need to register for the Tremont Turkey Festival 5k on their website)

\$55.00 – 9 Week Individual Membership

\$45.00 – 9 Week Senior (age 60 & over), Corporate Rate, Tremont Firefighters/EMT/Police, Military Membership

You may add an additional family member(s) from your household for just \$10.00 each for the 9 week membership.

(Offer expires 4/21/18)

