

January Fitness Special



**“What seems impossible today
will one day be your warm up!”**

\$104.00 – 4 month **Individual** membership

\$84.00 – 4 month **Senior** (age 60 & up),
**Corporate Rate, Tremont Firefighters /EMT/
Police, Military** membership

You may add additional family member(s) from your household for just \$5.00 each per month - \$20.00 for 4 month membership ***(Does not apply to Student membership)***

Refer a new member who purchases the January fitness special and you will receive \$8.00 off any future membership. *New member must indicate the referral on their membership agreement form.*

*****Offer valid until January 31, 2018*****

As always, **Student** Membership is just **\$10.00** for one month – Refer a new student member and you will receive \$5.00 off any future membership. *New member must indicate the referral on their membership agreement form.*

Your membership includes:

Use of cardiovascular equipment which includes treadmills, Jacob’s Ladder, rowing machine, endless rope, elliptical, xRide by Octane Fitness, and stationary bikes along with use of the strength training equipment, free weights and machines

Group fitness classes are **FREE** for members– we offer Power Flex, Yoga, Spin and Tabata - **Drop in rate for all of our group fitness classes is just \$5.00 or purchase a 10 punch pass for \$40.00.** Please check out our website for class date & time



Locker room, shower, sauna, and towel service

Convenient access to the fitness center from 4 am to 11 pm for active members with a prox card

