

# MARCH FITNESS SPECIAL



SPRING INTO ACTION WITH A MARCH MADNESS WORKOUT

**\$99.00** - 4 Month Individual Membership

**\$79.00** – 4 Month Membership for Military,  
Corporate Rate, Senior (age 60 & over),  
Tremont Firefighters/EMT/Police

**\$20.00** – *You may add an additional family member(s) from  
your household for just \$5.00 each per month  
(Not applicable to student membership)*

**\$10.00** - 1 Month Student Membership



\*\*\*Purchase the March Fitness Special and your name  
will be entered into a drawing ... winner will receive  
**1 additional month** to the fitness center.  
May the **LUCK** of the Irish be with you!!!

Your membership includes:

Use of cardiovascular equipment which includes treadmills, Jacob's  
Ladder, rowing machine, endless rope, elliptical, xRide by Octane Fitness,  
and stationary bikes along with use of the strength training equipment, free  
weights and machines.

Group fitness classes are **FREE** with your membership – we offer:

\* Power Flex \*Yoga \*Spin \*Tabata

Please check our website for class date and time

Locker room, shower, and towel service available

Convenient access to the fitness center from  
4 am to 11 pm for active members with a prox card

