



MAY FITNESS SPECIAL

**A 30 MINUTE WORKOUT IS JUST
2% OF YOUR DAY – NO EXCUSES**

\$75.00 - 3 Month Individual Membership

\$60.00 – 3 Month Senior (age 60 & over), Corp
Rate, Tremont Firefighters/EMT/Police, Military
Membership

\$10.00 - 1 Month Student Membership

*You may add an additional family member(s) from your
household for just \$5.00 each per month - (\$15.00 for 3 month
membership) **not applicable to student membership***

(Offers expire 5-31-18)

Your membership includes:

Use of cardiovascular equipment which includes treadmills, Jacob's
Ladder, rowing machine, endless rope, elliptical, xRide by Octane Fitness,
and stationary bikes along with use of the strength training equipment, free
weights and machines.

Group fitness classes are **FREE** with your membership – we offer:

* Yoga * Spin * Tabata * Power Flex
(check out our website for class date & time)



Locker room, shower, and towel service available

Convenient access to the fitness center from 4 am to 11 pm for active
members with a Prox Card

