



## TREMONT PTO

Invites you to participate in the

### ***5th Annual Superhero 5K and 1 mile Fun Run***

***Saturday, April 14, 2018***

***9:00am - 1 Mile Fun Run***

***9:30am - 5k Run/Walk***

Race begins in front of Tremont Grade School

**COST:** 1 mile - \$5 (Does not receive t-shirt)

5K - \$25 through March 23, \$30 beginning March 25th

School age students - \$20

**Same day registration is available but closes at 8:30am.**

5K fee includes a super cool t-shirt but you must sign up by March 23rd to be guaranteed a shirt.

**All proceeds benefit Tremont Schools**

To register, go online to <https://www.webscorer.com/register?raceid=127594>

Or submit the following form to the grade school office

# Superhero Run/Walk Registration

Name \_\_\_\_\_

E-mail address \_\_\_\_\_

Phone number \_\_\_\_\_

Gender \_\_\_\_\_ Age \_\_\_\_\_

Distance: 5K \_\_\_\_\_ 1 mile \_\_\_\_\_

Additional Family Members(please include age, gender and distance):

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_

Shirt size (5k only) Adult: S M L XL XXL

Youth: S M L

\*I know that running [volunteering for] a road race is potentially hazardous activity, which could cause injury or death. I will not enter and participate unless I am medically able and properly trained, and by my signature, I certify that I am medically able to perform this event, and am in good health, and I am properly trained. I agree to abide by any decision of a race official relative to any aspect of my participation in this event, including the right of any official to deny or suspend my participation for any reason whatsoever. I attest that I have read the rules of the race and agree to abide by them. I assume all risks associated with running in this event, including but no limited to: falls, contact with other participants, the effects of the weather, including high heat and/or humidity, traffic and the conditions of the road, all such risks being known and appreciated by me. I understand that bicycles, skateboards, roller skates or roller blades, and animals, are not allowed in the race and I will abide by all race rules. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release the Tremont Parent's Club, the city of Tremont, and all event sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event, even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver. I grant permission to all of the foregoing to use my photographs, motion pictures, recordings or any other record of this event for any legitimate purpose.

Signature of Participant or Parent/Legal Guardian

\_\_\_\_\_

**Please return form to administrative office at:**

Tremont Grade School

200 South James

Tremont, IL 61568

Checks payable to: Tremont PTO