

TREMONT PTO

Invites you to join us at the Grade School for the

6th Annual Superhero 5K and 1 mile Fun Run



Saturday, April 13, 2019

9:00am - 1 Mile Fun Run

9:30am - 5k Run/Walk

Dress like a superhero and you'll get to LEAD off the race

COST: 1m- \$5 (Does not receive t-shirt)

5K - \$25 through March 22, \$30 beginning March 23th

\$20 - Students 18 & under

Same day registration is available but closes at 8:30am the morning of the run

5K includes a fun t-shirt. Must register by March 22rd to be guaranteed shirt.

All proceeds go towards the new PTO fundraising project of a new playground

To register, go online to [https://www.webscorer.com/register?
raceid=169982](https://www.webscorer.com/register?raceid=169982)

(Online registration includes small processing fee)

Or submit the following form to the grade school office

Superhero Run/Walk Registration

Name _____

E-mail address _____

Phone number _____

Gender _____ Age _____

Distance: 5K _____ 1 mile _____

Additional Family Members(please include age, gender and distance):

1. _____
2. _____
3. _____
4. _____

Shirt size (5k only) Adult: S M L XL XXL

Youth: S M L

*I know that running [volunteering for] a road race is potentially hazardous activity, which could cause injury or death. I will not enter and participate unless I am medically able and properly trained, and by my signature, I certify that I am medically able to perform this event, and am in good health, and I am properly trained. I agree to abide by any decision of a race official relative to any aspect of my participation in this event, including the right of any official to deny or suspend my participation for any reason whatsoever. I attest that I have read the rules of the race and agree to abide by them. I assume all risks associated with running in this event, including but no limited to: falls, contact with other participants, the effects of the weather, including high heat and/or humidity, traffic and the conditions of the road, all such risks being known and appreciated by me. I understand that bicycles, skateboards, roller skates or roller blades, and animals, are not allowed in the race and I will abide by all race rules. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release the _Tremont Parent's Club_, the city of ___Tremont___, and all event sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event, even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver. I grant permission to all of the foregoing to use my photographs, motion pictures, recordings or any other record of this event for any legitimate purpose.

Signature of Participant or Parent/Legal Guardian

Please return form to administrative office at:

Tremont Grade School

200 South James

Tremont, IL 61568

Checks payable to: Tremont PTO
