



## Weekly News

### Monthly Business Spotlight

#### Sun Yield Energy, LLC

Location: 10948 Locust Rd, Tremont, IL 61568

Hours: 8AM-5PM Monday-Saturday

Employees: 4

Sun Yield Energy, LLC provides solar solutions to residential, commercial, and agricultural clients. Our goal is to provide both financial and environmental benefits to our customers through the installation of effective solar energy systems. Switching to solar power has numerous benefits and has a typical payback time of 5 to 7 years. Our group of highly skilled workers has over 20 years of experience in the electrical industry and can quickly install solar panels on almost any structure type. We proudly serve the Central Illinois area and would love to help you get started. There's no better time to go solar.

We began our Solar business in March of 2019 but have been working in the electrical business for 20+ years with experience in Commercial, Residential, Industrial, and Agricultural job sites, and 40 years of construction management.

Our company is an Approved Vendor through the IL Commerce Commission allowing us to complete our customers' solar installation from start to finish including all proper paperwork needed to qualify for the IL Adjustable Block Rebate and the Federal ITC. We are also qualified to pull all electrical permits and complete all the electrical connections needed to start taking advantage of the solar energy produced by a solar array.



### Weight Loss Challenge

January 6 – March 23, 2020

Change 4 Life, Eat Well, Move More and Live Longer.

In this 12-week program, participants will compete against one another to lose weight and body fat. Fitness coach Michelle Williams will help you start your weight loss journey by coaching you with healthy eating and fitness programs.

**Program Goal:** The goal of the program is to give participants a life coach to help them become accountable for lifestyle change. The areas of expertise are nutrition, exercise, stress reduction and time management.

**Prizes:** A jackpot which grows with the number of people participating and weigh-in penalties as well as prizes throughout the program.

Weigh-in penalties must be paid at each weekly weigh-in. Two Free PASSES will be given to each participant which can be used to skip a weigh-in throughout the program (excluding the final weigh-in). If you miss a weigh-in, you will pay \$5 and if you gain at any weigh-in it is \$1 per pound. This money goes into the jackpot. Account must be paid in full by March 28th to be eligible for the prizes. Winner will be determined by the percentage of weight lost.

**1st Prize:** 50% of the jackpot

**2nd Prize:** Gift Card for Park, Pool or Fitness Center

**3rd Prize:** One Month Membership to Tremont Fitness Center

**Cost:** \$50 Residents, \$60 Non-Residents (50% goes directly to jackpot)

Registration begins 12/10/19 online at the TAPD website or in-person at the fitness center

**Fitness Coach Bio:**

Michelle Williams - Michelle is a dedicated Tremont resident. She is a high school girls basketball coach and a booster volunteer at Tremont High School. Michelle is an experienced personal trainer and group fitness instructor with 20+ years in the Fitness field and 10 years as a lifestyle coach.

**Questions:** Contact TAPD 309-925-3811 or email [tapdfacres@gmail.com](mailto:tapdfacres@gmail.com) or Michelle Williams [mwcoach23@gmail.com](mailto:mwcoach23@gmail.com)

## Tremont Museum and Historical Society

We are closed until March, except for tours which can be arranged by calling Rich at 309-231-1123.



## Tremont Library Events

**Farewell, Youth Director Sarah, Open House**

Friday, January 3, 2020

1 – 4 PM

Join us in saying well wishes to her new adventures, and thank you to Youth Director Sarah Marty-Schlipf, for the exemplary work she's done for the library and community of Tremont. Light refreshments will be served.

**Library Holiday Hours**

Closed: December 31st and January 1st

## Little Dribblers

Little Dribblers is a recreational basketball program for boys and girls in Kindergarten – 3rd grade. The program focuses on basic skills including dribbling, passing, shooting, and scrimmages at the end of the season. Classes are on Saturday afternoons. Our program instructors will be Drew Gierich (K-1) and Noelle Marron (2-3). High School athletes will be invited to help with this program. Please register by 12/31 for shirt orders.

**Dates:** January 11th – February 15th (Saturdays)

**Where:** South Gym at Tremont High School

**When:** Kindergarten-1st grade 1:00 – 1:45PM  
2nd – 3rd grade 2:00 -3:00PM  
(boys and girls together)

(Times may change due to enrollment numbers)

**Cost:** K-1st - \$45.00 Resident / \$55.00 Non-Resident,  
2nd-3rd grade - \$55.00 Resident / \$65.00 Non-Resident  
(Multi Child Discount - \$5.00 off for additional child)

## 5th and 6th Grade Volleyball Program

Registration is now open for the 5th and 6th grade girl's recreational volleyball team. Sign up as soon as possible as program details are sent via email. The team will be practicing in January with the season running through March/April. The team will play home games and some local travel. Practices will be held for 5th grade Monday, Tuesday and Thursday from 5:30 – 7:00PM. 6th grade practice will be Monday, Wednesday, and Friday from 3:15 - 4:45PM. Practices are in the Tremont Grade School Gym.

**Who:** 5th grade & 6th grade girls

**When:** January 6th through March

**Where:** Tremont Grade School Gym

**Cost:** \$70.00 Residents / \$80.00 Non-Residents

**Instructor:** 5th Grade - Andrea Steffens, 6th Grade - Nicole Powell

Please Register by January 6th for shirt orders to be placed.

This program is designed to introduce players to the basic rules of the game while having fun with their teammates. This is a great opportunity for girls who are interested in playing volleyball and would like more skill development.

## Signing Day

A big Turks shout-out to THS Senior Allyson Gulette on her signing day! Ally will further her academic career and play softball next year for the Illinois Valley Community College Eagles in Oglesby, IL. On December 16th, Allyson Gulette signed a national letter of intent for next year.



*A picture from that day of Allyson and her coaches.*

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## **Monday**

MS Boys Basketball @ Dee-Mack – 5:30PM

HS Girls Basketball home vs Tri-Valley – 5:30PM

## **Tuesday**

HS Boys home vs Tri-Valley – 5:30PM

HS Wrestling home vs Olympia, Clinton – 6:00PM

## **Thursday**

MS Volleyball home vs East Peoria – 4:15PM

HS Scholastic Bowl @ Lexington – 4:30PM

HS Boys Swim Co-op @ Normal Community – 4:30PM

HS Girls Basketball @ GCMS – 5:30PM

## **Friday**

MS Volleyball home vs Illini Bluffs – 4:15PM

HS Wrestling @ Pit Tourney (Princeton) – 4:30PM

HS Boys Basketball @ GCMS – 5:30PM

## **Saturday**

HS Speech @ Canton

HS Wrestling @ Pit Tourney (Princeton) – 9:00AM

MS Wrestling @ Olympia invite – 9:00AM

HS Girls Basketball home vs Farmington – 11:00AM

HS Boys Basketball @ Morton vs Mt. Pulaski  
JV 2:00PM – Morton East Gym  
Varsity 3:30PM – Morton West Gym

## Around Town



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Please send us your news stories and they will be included in upcoming emails. Deadline to include information is Friday, 6:00PM for the following Monday.

We accept information from official Tremont, IL businesses, organizations, and advertisers. We will also post Public Auctions and Open Houses.

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Thank you,

Haas IT Solutions, Inc. on behalf of Tremont Winning Communities

Tremont Winning Communities | [info@tremontil.com](mailto:info@tremontil.com) | <http://tremontil.com>